

# Chisago Lakes Fastpitch Softball Manual



**\*\*This entire manual is meant to serve as a guideline. These guidelines are subject to change and the final discretion on softball decisions is up to the Chisago Lakes Fastpitch Committee.**

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## **1 - Chisago Lakes Fastpitch Softball's Philosophy**

- Promote the growth of softball within our community by creating an environment where players have fun and develop a lifelong passion for the sport.
- Promote the growth of personal qualities including self-esteem, commitment, sportsmanship, and perseverance.
- Promote an increased understanding of the sport by all participants, including players, coaches, umpires, and parents by providing quality education and training.
- Provide a level of competition for players commensurate with their skill level and commitment level while challenging players to develop their abilities to a higher level.

## **2 - Eligibility**

Any girl living within the Chisago Lakes Area will be eligible to participate in age groups of 10U, 12U, 14U, 16U, 18U. Girls living outside the Chisago Lakes Area need to obtain approval from the Chisago Lakes Fastpitch Committee (CLFC) to participate at the 10U and 12U level.

Players who try out at the 14U age level and up can be from out of area. These players will try out in the same manner as any other player and will be placed on an appropriate team by try out results and input from previous coaches as applicable. It is CLFC commitment to field as many teams as possible to eliminate the need to cut players, at times the difficult decision to cut players may be necessary.

## **3 - Age Qualifications**

a. The age classifications are:

- 10 & Under: Players are 10 or younger as of December 31st of the prior year.
- 12 & Under: Players are 12 or younger as of December 31st of the prior year.
- 14 & Under: Players are 14 or younger as of December 31st of the prior year.
- 16 & Under: Players are 16 or younger as of December 31st of the prior year.
- 18 & Under: Players are 18 or younger as of December 31st of the prior year.

b. A player of an older classification may not play in a younger classification, as per National Softball rules. Any player being considered to move up a level must be approved by the CLFC.

## **4 - Registrations**

- Participants must register prior to the start of each season during the published dates as established by the CLFC.
- No Late registration will be accepted after registration deadline with exception given to new residents moving into the area or as approved by the CLFC.
- Any person who registers under an assumed name or gives an incorrect age will become ineligible and will be suspended for the remainder of the current sports playing season.

## **5 - Fees**

- Fees will be established annually. All girls wishing to try out for traveling softball must be registered and paid in full (with exception of girls qualifying for the scholarship program) prior to trying out
- Fees cover the costs of participation including but not limited to league fees, regular, and state gate fees, tryouts, tournaments, umpires, uniforms and field maintenance. Fees will not be used to cover/subsidize travel expenses incurred by teams during regular or post season play.
- Registration fees are fully refundable up to the date of tryouts, an email must be sent to Chisago Lakes Fastpitch prior to the tryout date to confirm that the player has decided to not tryout. All registrants who tryout and who decide to no longer play will forfeit in whole their registration fee, no refunds will be given.
- All players are required to purchase their own batting helmet with approved face guard and chin strap.

## **6 - Placements on Team (Team Selection)**

- Every effort is made to place every registrant on a team if possible.
- There will be no more than 12 players placed on a team unless approved by the CLFC prior to the team selection process.
- Participants will be placed on a team according to their ability in accordance with Appendix A for summer and fall ball.
- Any player whose continued participation is deemed detrimental to the welfare of the association may be removed from the team temporarily by a majority vote of the CLFC.
- All players must participate in the tryout process to be selected for a position. Approved exceptions will ONLY be granted if notification is made to the Player/Coach Director PRIOR to the scheduled tryout date.
- Player evaluation will be completed by a panel of non-parent, non-coach individuals, when available.
- Players will be evaluated according to guidelines laid out in Appendix A.
- Players will be placed on an appropriate team based on tryout scores and player evaluations.

## 7 - Playing Time

The program's primary focus is for all players to have fun, continue to develop and learn all aspects of the game of fastpitch softball.

### 8U

The primary goal at the 8U level is to stress fundamentals and player improvement and enjoying the game. During league games the focus is on getting girls at bats and opportunities at all positions. Play time and batting rotation should be equal or as close to equal as possible.

**One game is played each Wednesday.**

### 10U – 12U

The primary goal at the 10U – 12U level is to stress fundamentals and player improvement. During league games the focus is on getting girls at bats and opportunities at-all positions, Safety concerns due to skill level may not allow for a player to play at every position although the philosophy is to work with that player so improve those skills.

**Batting** - Full roster is batted for all games. League - Roster for the second game will start where the first game left off to attempt to provide equal at bats for all players.

**Fielding** – Practice – players should be given equal time at practice working on infield and outfield fundamentals.

League Play (Double headers each game is typically 3 to 4 innings) – Players should be rotated frequently between infield and outfield. All players should be given the opportunity to play infield for at least one inning per game. No player should sit more than one inning in a row and every player rotates from bench and play equally. Over the course of the season playing time should be equal for all players.

Tournament play including Qualifier and State – Focus is to be as competitive as possible. Coaches will make decisions on batting order and positions based on what is best for the team. 5 tournaments max per season, including state qualifier and state tournament. If teams wish to attend additional tournaments those teams are responsible for any applicable fees.

Practices – There should be a maximum of 4 contact days per week excluding weekend tournaments. Contact days include, game days, team meetings or practices. Practice length should normally be 90 to 120 minutes long. Coaches should schedule practice times and stick to these times to respect the commitments of players and families.

Pitching and catching will be encouraged at these ages. Priority for pitching and catching are as follows.

Players who perform pitching and catching tryouts will be communicated to head coaches by CLFP with scores and will get priority to begin season. At 10U level all effort should be given to include and pitch any player that wishes to pitch and catch. A pitching and catching practice are encouraged to align commitment to these important positions and to address players who did not perform a pitching and catching tryout.

Coaches are required to keep track of innings pitched/ innings caught by all pitchers and catchers.

### **14U – 18U**

The primary goal at 14U, 16U and 18U level is to get girls ready for high school softball. Players will begin to focus on 1 or 2 positions. Fielding time may not be equal.

**Batting** – Batting rotation will be determined by the coach. Tournament rosters will be determined by the tournament rules. Some tournaments may require 9 player (DP/Flex) in which case all players will not bat.

**Fielding** – League Play – Coach will make every attempt to get everyone playing time in 1 or 2 positions. Time on the bench may not be equal for all players due to position focus.

Tournament play including Qualifier and State – Playing to win. Coaches will make decisions on batting order and positions based on what is best for the team. Due to 9 player (DP/Flex) playing time may be limited for some players and all players may not bat.

Practices – There should be a maximum of 4 contact days per week excluding weekend tournaments. Contact days include, game days, team meetings or practices. Practice length should normally be 90 to 120 minutes long. Coaches should schedule practice times and stick to these times to respect the commitments of players and families.

## **8 - Players**

### **Player Attendance Expectations**

Once assigned to a team, a player should be allowed to remain on that team UNTIL one of the following situations exist: (Remember, players are expected to be at all practices and games)

- a) A player has 3 unexcused absences from games or practices.
- b) A player has a combination of 6 excused and unexcused absences from games or practices.
- c) A player has a combination of 9 excused, unexcused and planned absences from games or practices

Attendance at any high school/junior high softball games or practice will be exempted from this policy. However, the player/parent must notify the coach in advance if an absence is necessary for high school/junior high softball.

The Head Coach is allowed to keep a player on his team if extenuating circumstances exist but may consider removal if these conditions are met.

Definitions:

- Unexcused absence: Player is missing and the HEAD COACH is not notified by the player (or his parent/guardian) prior to the game or practice. Social events are considered unexcused; for example going to movies, waterpark and other events with friends.

- Excused absence: Player is missing and the head coach is notified by the player (or his parent/guardian) at least 1 hour prior to the game or practice
- Planned absence: Head Coach is notified of absence by the player (or parent/guardian) at least 1 week prior to game or practice.

#### Player Discipline/Removal

Players may be disciplined or removed from a team following violations of the....

Players Code of Conduct or for violations of attendance expectations. A player will be corrected immediately (1st warning) by the coach for:

Throwing equipment (bat or helmet) Swearing, Verbally or physically abusing an umpire, coach or any other player.

Process for dealing with violations after 1st warning:

- 1st offense: the player is ejected for the remainder of the game (must remain on the bench). Coach will present a brief written report of the situation to the Traveling Softball Director.
- 2nd offense: the player is not allowed to participate further until the player, her parents, and the coach meet with the Softball Director to discuss the player's behavior and develop a plan of correction. The Softball Director must be informed of the situation and the plan of correction.
- 3rd offense: removal from the team.

If removal from the team is warranted, the following must occur:

- 1) If a head coach determines that removal is warranted, the coach should discuss it with his full coaching staff before moving to step 2.
- 2) If the full coaching staff determines that removal is the correct course of action, the head coach should discuss the circumstances of the situation with the LARA President and the Traveling Softball Director before taking any action.
- 3) If removal is still agreed to as the best course of action, the head coach should contact the parents with the details of the situation (the parents should be involved in the communication along the way as the player is missing games and practices or has conduct violations).

**Once removed from an LARA team, the player MAY NOT join another LARA team under any circumstances and the full registration fee will be forfeited.**

#### 9 - Coaches

- Coaches must apply annually for a head coaching position. Head coaches are assigned for one year at a time. There is no guaranteed right to the position in following years. Coaches must also complete and pass a background check (administered through USA Softball) complete the ACE

training certification and provide proof of successful background check and completion of ACE training, a picture of both the front and rear of card must be submitted to the CLFP, provide proof of Safe Sport completion and provide proof of completion of concussion training, these same requirements must also be performed by the team manager, book keeper and assistant coaches. All costs for completing the above will be reimbursed. All documents must be provided to CLFP prior to any contact with players.

- Head coaches will be selected by the CLFP committee after the tryout process, head coach selection criteria by the CLFP committee may include but is not limited to, experience, coaching evaluations, knowledge of the game sportsmanship and so on. The best qualified coach for each group will be selected.
- Head Coaches may choose their own assistants and team manager or they may be assigned by the CLFP committee, if assigned by the CLFP committee those selection take precedence over a head coaches choices. All staff (bookkeepers, team managers ....) with contact to players must have ACE process completed and provided documents to CLFP before being allowed to participate.
- Head Coaches will be responsible to make sure each team has a team parent representative. This person has various responsibilities including acting as a contact person with the Fundraising/Tournament Director and staff regarding work for any events.
- Any coach whose participation is deemed detrimental to the welfare of the association, an individual or individuals may be removed from the team permanently or temporarily by a majority vote of the CLFC. In a temporary removal scenario, if the coach's behavior continues to be detrimental the coach will be removed permanently by a majority vote of the CLFC.
- If no coach is available for a given team, the Player/Coach Director and his/her committee will appoint/recruit coaches as appropriate.

## **10 - Coaching Grievance Procedure**

Even the best of coaches, and or parents will occasionally have a parent or coach who disagrees with his/her actions or decisions. Usually these can be resolved with an honest discussion between the two. However, sometimes additional steps need to be taken. LARA has developed a step by step procedure for these situations. If differences cannot be resolved between the coach and the parent, an impartial grievance committee will review the situation and decide on a course of action.

Step #1: 24 Hour Rule-Wait 24 hours before acting. This "time out" should be taken to allow emotions to cool.

Step #2: Talk to your Team's Coach- Find an appropriate time, away from the team, to discuss the problem.

Step #3: Contact the Director of Traveling Softball-Director of traveling softball will meet with the parent and the coach to resolve the problem.



Step #4: File an Official Grievance-An official grievance form can be obtained on line at [lakesarearec.org](http://lakesarearec.org). E-mail completed form to LARA: [lakesarearec@frontiernet.net](mailto:lakesarearec@frontiernet.net) where it will be reviewed by the Board of Directors. A copy of this grievance should also be sent to the Director of the Traveling Softball Program.

### **11 - Equipment**

- Equipment is usually handed out the same day as the coaches meeting. Equipment can be obtained earlier if requested.
- All equipment is inventoried before handing out. It is the Head Coach's responsibility to make sure all equipment is handed in at the end of the season.
- Equipment can be obtained for fall ball after turning in for inventory at the end of summer play.
- If equipment needs to be replaced or repaired, contact The Director of Traveling Softball.
- Turn in all unused game balls at the end of the season.
- At the end of the season we would like your opinion on what new equipment is needed for the program.

### **12 - Fields**

It is everyone's responsibility to leave the fields in better shape than you found it in. After each practice or game it is the teams responsibility to rake the fields and return the bases to the storage shed. This is a team effort. Contact the Director of Traveling Softball with any field concerns.

### **13 - Umpires**

If a home game is canceled the head coach must contact the Director of traveling softball immediately so he/she can notify the umpire.

### **14 - Birth Certificate**

Team Managers should keep a file with a copy of each player's birth certificate with a current picture of player attached. These should always be taken to tournaments in the event that a player's eligibility is questioned

## **16 - Appendix A**

### **Tryout/Player Selection Process (Summer Teams)**

The Chisago Lakes Fastpitch Committee, along with independent non-board, non-parent evaluators, will conduct tryouts for the summer programs. The CLFC will determine evaluation criteria for tryouts.

No tryouts for 8U level teams. Tryouts will be conducted for 10U, 12U, 14U, 16U, 18U teams.

For position players Evaluation forms will be filled out only by independent evaluators. There will be room on evaluation forms for notes and player development needs. Player's skills will be rated and ranked. Pitchers and catchers will have additional skill sets evaluated. Tryouts will be held at facilities determined by CLFC.

Players must tryout with their designated age groups. If the player chooses they may try out for one classification higher than their age group. The decision to move a player up or not will be based on player needs at each age group and tryout results at the higher level.

Tryout dates and times will be posted to the website at least two weeks in advance of the actual tryouts. In the event a player cannot attend her designated tryout time, the player must contact the Player/Coach Development Director so a make-up date can be scheduled.

At tryouts the players will be evaluated on hitting, infield, outfield, throwing and catching, players who choose to try out for a catching or pitching position will also have these skill evaluated. Parents are not allowed to participate or watch their daughter's tryouts. CLPF committee members may be excluded from this rule as needed to manage and facilitate the tryout process.

The number of necessary teams to be formed at each age level and the level that the teams will play at (A, B, C) will be determined by the CLFC.

### **Team selection (Summer)**

Teams will be selected in the best way to achieve the goals for each age group.

Teams will be selected based on tryout evaluations, by the Traveling Softball Director. Next the head coaches will be chosen by the CLFC. Rosters will be finalized and posted on the CLFC website. (CLFP may also use input from summer coaches if needed)

### **Tryout/Player Selection Process (Fall Teams)**

10U and 12U

Coaches evaluations and CLFP review will determine placement on 10U and 12U fall teams. No fall ball tryouts for 10U and 12U will be conducted. New players with no coach evaluation will be placed on the team per review by CLFP.

## 14U and Up

The Chisago Lakes Fastpitch Committee, will conduct tryouts for the fall ball programs. The CLFC will determine evaluation criteria for tryouts. For position players Evaluation forms will be filled out only by independent evaluators. For pitcher and catcher evaluations, board members or coaches may be asked to complete evaluation forms per expertise. There will be room on evaluation forms for notes and player development needs. Player's skills will be rated and ranked. Pitchers and catchers will have additional skill sets evaluated. Tryouts will be held late summer after the summer ball season has completed at facilities determined by CLFC.

Players must tryout with their designated age groups. If the player chooses they may try out for one classification higher than their age group. The decision to move a player up or not will be based on player needs at each age group and tryout results at the higher level.

Tryout dates and times will be posted to the website in advance of the actual tryouts. In the event a player cannot attend her designated tryout time, the player must contact the CLFP Director prior to the tryout date so a makeup date can be scheduled.

At the tryouts the players will be evaluated on hitting, bunting, fielding, throwing and running. Parents are not allowed to participate (hitting or pitching) or watch their daughter's tryouts. CLPF committee members may be excluded from this rule as needed to manage and facilitate the tryout process

The number of necessary teams to be formed at each age level and the level that the teams will play at (A, B, C) will be determined by the CLFC.

### **Team selection (Fall Ball)**

Teams will be selected in the best way to achieve the goals for each age group.

Teams will be selected based on tryout evaluations, CLFP may also use input from summer coaches as needed or directed by the Traveling Softball Director to determine team selection. Next, the head coaches will be chosen by the CLFC. Rosters will be finalized and posted on the CLFC website.

### **17 - Appendix B Codes of Conduct**

Chisago Lakes Fastpitch and LARA adheres to the following Codes of Conduct. All coaches are expected to adhere to the Coach's code and share the Player's and Parent's Code with their team/parents.

#### **Code of Conduct for Coaches, Assistant Coaches, Team Managers, Score Keepers**

1. Be a consistent role model. Maintain personal and professional integrity both on and off the field.
2. Promote the emotional, physical, academic and athletic dimensions of the athlete.
3. Place the emotional and physical wellbeing of the athlete ahead of any personal desire.
4. Win and lose with dignity and integrity.
5. Practice open communication with players and parents.
6. Keep the game and practices fun as well as challenging and provide a positive experience.

7. Practice good sportsmanship by demonstrating positive support for all the players, coaches, officials and fans at every game.
8. The use of drugs, alcohol and tobacco when on the playing field, at practice, during games or tournaments is strictly prohibited. If the head coach, assistant coach, book keeper or team manager is found to be in violation of this policy they will be asked to immediately leave the ball park and will not be allowed to return for the remainder of the game or if a tournament weekend they will not be allowed to return for the remainder of the weekend. If the person refuses to leave the team will forfeit all remaining games for the day or weekend.
9. Remember that I am a youth coach, and that the game is for the children, not adults.
10. Use safe play situations and use coaching techniques appropriate for each player.
11. Follow the guidelines defined in the traveling team manual.
12. Schedule practices and start and end on time to respect player and family time.

### **Code of Conduct for Players**

1. Respect all aspects of the game: yourself, coaches, officials, teammates, opponents, fans and the rules, regardless of the behavior of others.
2. Support your teammates. Be a team player.
3. Recognize that you are representing Chisago Lakes Softball and act accordingly.
4. Practice good sportsmanship by demonstrating positive support for all the players, coaches, and officials and fans at every game.
5. Do your best to learn and listen to the coaches.
6. Treat your coaches, teammates, opponents, officials and fans with respect regardless of race, sex, creed or ability.
7. The use of alcohol, drugs, e-cigs, vaping and tobacco is prohibited. Any player who violates this rule will be reviewed by the CLFP committee, disciplinary action if any will be determined by the committee. Disciplinary action may include removal from the traveling softball program and notification and communication to the High School Athletic Director may occur.
8. Take responsibility for your behavior.
9. Do your best in school.
10. Be humble in victory, gracious in defeat.

\*Violations of these codes can result in discipline/removal from team.

### **Code of Conduct for Parents**

1. Encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
2. Place the emotional and physical wellbeing of my child ahead of any personal desire to win.
3. Insist that my child play in a safe and healthy environment.
4. Provide support for coaches and officials working with my child in order to provide a positive and enjoyable experience for all.

5. Discuss differences in opinion or philosophy with coaches, officials and other parents in a respectful manner and away from the field of play and players.
6. Demand a drug, tobacco, and alcohol free sports environment for my child and agree to assist by refraining from their use at all youth sports events. The use of drugs, alcohol and tobacco when attending practice, during games and tournaments is strictly prohibited. If a parent is found to be in violation of this policy they will be asked to immediately leave the ball park and will not be allowed to return for the remainder of the game or if a tournament weekend they will not be allowed to return for the remainder of the weekend. If the person refuses to leave the team will forfeit all remaining games for the day or weekend.
7. Remember that the game is for children not for adults.
8. Do my best to make youth sports best for my child.
9. Insist that my child treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.
10. Assist in providing a positive team experience by volunteering to help with tasks as needed and as I am capable of doing.

\*\*Violations of this code may result in officials asking parent/fan to leave the ball park.

## **18 – Appendix C**

### **10U Player Development Goals**

Goals:

- 1) All players should be having fun and be learning. (all players should leave with a positive experience)
- 2) Promote positivity through proper coaching. (being positive with instructional help, no coach obvious)
- 3) Promote team environment.
- 4) Promote the development of pitchers and catchers.
- 5) All players at the completion of 10U should know the following:
  - Knowledge of the role of each position to all players. (Including the three B's Ball, Base, Backup)
  - Proper throwing.
  - Proper hitting including bunting.
  - Aggressive base running (including sliding, lead off, rounding, signs, etc.)
  - Proper fielding infield and outfield.

Tryouts:

- 1) Develop tryout process to determine the level of each player so that teams can be divided to achieve the goals listed above.

Team selection:

- 1) Teams should be divided based on skill level.
- 2) If enough players are not available, players may be cut to have appropriate numbers for each team. Reference Section 6 Bullet item 2.

Coach selection:

- 1) Coaches are selected based on their ability to achieve the goals listed above.
- 2) Positive coaches that are there to improve all players on the team.
- 3) Coaches that realize that the players come first and are OK with losing as long as the goals above are achieved.

Playing time:

- 1) Playing time should be close to equal or goals above will not be achieved.
- 2) Pitchers and catchers time on the mound and behind the plate should be close to equal including tournaments. Players that tried out for these positions will get first opportunities in these positions.

## **19 Appendix D**

### **12U Player Development Goals**

Goals:

- 1) All players should be having fun and be learning. (all players should leave with a positive experience)
- 2) Promote positivity through proper coaching. (being positive with instructional help, no coach obvious)
- 3) Promote team environment.
- 4) Promote the development of pitchers and catchers.
- 5) All players at the completion of 12U should know the goals set out at 10U and also the following:
  - Knowledge of the role of each position. (Including the three B's Ball, Base, Backup)
  - How to hit an inside and outside pitch.
  - Aggressive base running (delayed steal, taking bases that are open)
  - Stealing bases sliding inside and outside based on throw.
  - Outfield - crow hopping.
  - Infield - rounding a slow rolling ball
  - Infield - turning double plays, staying out of the danger zone.
  - Infield - proper tosses to infielders.
  - Proper cutoffs. (left, right, glove hand, non-glove hand)
  - Increase speed of getting rid of the ball.
  - Pitchers should be working on hitting spots and a good change up.

- Catchers should be working on blocking the ball and begin framing, work on strength and accuracy of throw downs.

Tryouts:

- 1) Develop tryout process to determine the level of each player so that teams can be divided to achieve the goals listed above.

Team selection:

- 1) Teams should be divided based on skill level.
- 2) If enough players are not available, players may be cut to have appropriate numbers for each team. Reference Section 6 Bullet item 2.

Coach selection:

- 1) Coaches are selected based on their ability to achieve the goals listed above.
- 2) Positive coaches that are there to improve all players on the team.
- 3) Coaches that realize that the players come first and are OK with losing as long as the goals above are achieved.

Playing time:

- 1) Playing time should be close to equal or goals above will not be achieved.
- 2) Pitchers and catchers time on the mound and behind the plate should be close to equal throughout the season. Players that tried out for these positions will get first opportunities in these positions.

## **Appendix E**

### **14U and above Player Development Goals**

Goals:

- 1) All players should be having fun and be learning. (all players should leave with a positive experience)
- 2) Promote positivity through proper coaching. (being positive with instructional help, no coach obvious)
- 3) Promote team environment.
- 4) Pitchers and catchers should be dedicated to the position.
- 5) All players at the completion of 14U should know the goals set out at 10U and 12U and also the following:
  - How to hit rise balls, drop balls and change ups.
  - First and third plays - offense
  - Aggressive base running on the defense (how good is the catcher, how well does the infield cover bases)

- First and third plays - defense
- Infielders - should work more of a snap throw from their ear.
- Infielders - increase speed of getting rid of the ball.
- Infielders - work on proper way to perform run downs.
- Change cutoff from 10U and 12U based on strength of arms.
- Angle down play (Runners on 2nd and 3rd and ground ball is hit to the infield)
- Continue to work on stealing bases sliding inside and outside based on throw.
- Outfield - continue to work on crow-hopping.
- Players should begin to focus on 2 maybe 3 positions.
- Pitchers should start throwing movement pitches and speed changes (rise ball, screw ball, curve ball, drop ball)
- Catchers should start learning what pitches to call based on pitcher and hitter.
- Catcher should be framing pitches and able to block almost every bad pitch.

Tryouts:

- 1) Develop tryout process to determine the level of each player so that teams can be divided to achieve the goals listed above.

Team selection:

- 3) Teams should be divided based on skill level.
- 4) If enough players are not available, players may be cut to have appropriate numbers for each team.

### **14U and above Player Development Goals**

Coach selection:

- 1) Coaches are selected based on their ability to achieve the goals listed above.
- 2) Positive coaches that are there to improve all players on the team.
- 3) Coaches that realize that the players come first and are OK with losing as long as the goals above are achieved.

Playing time:

- 1) Playing time in league should be close to equal depending on positions each girl plays.
- 2) Playing time in tournaments may not be equal but coaches should be thinking strategically to try to get each player as much playing time as possible. (example: have number 2 and 3 pitchers, pitch in games against weaker teams)
- 3) Coaches need to determine where players play best for the player and for the team.



## **21 Appendix F**

### **Document Information**

2-7-16 Base document posted online

2-12-17 Revised and updated, goals added

11-30-18 Revised to update Eligibility, Appendix A and Appendix C

2-10-20 Revised

Chisago Lakes Fastpitch Director and Committee

Last Page

